

# THINKING ABOUT CANCELLING YOUR INCOME PROTECTION PLAN?



We're here to make sure you can keep paying your everyday bills if you become too unwell to work or have an accident. Our sick pay insurance will help so you don't have to rely on others for financial help.

With day to day living expenses increasing daily we're all looking at ways to reduce our outgoings and you may be thinking about cancelling your insurance plan. Before you do, please take five minutes to read through this guide. We've included some helpful tips and ideas about how you can reduce the monthly cost of your plan without losing all of your protection.

## WHY DO I NEED THIS TYPE OF INSURANCE?

If you didn't have an income, how long could you survive for financially? Ill health or an accident can happen to anyone, out of the blue. If you have savings, you might not want to eat into them, or they may not last long.

If you get sick pay through your employer (and you won't if you're self-employed), it may only pay out for a short period of time. We also don't know what state benefits will be available in the future and it depends on your circumstances how much you'll receive. So having your own sickness insurance helps put you in control of your finances.

Our sick pay insurance acts as a safety net to help fill any income gaps if you're unable to work – this can be especially important if you're the main earner.



## CAN YOU HELP ME KEEP MY COVER IN PLACE?

We've put in place a number of options to help you:

- If you've had your insurance for at least three months, you can ask to pause your insurance and payments for up to six months – when your insurance restarts, you won't need to pay back the payments missed. Unfortunately you won't be able to claim sick pay when your insurance is paused.
- You can increase how long you'd wait for your sick pay to start – this could reduce your monthly payment.
- You could reduce the amount we'd pay you in sick pay – this could reduce your monthly payment

## I'M STILL THINKING ABOUT CANCELLING MY SICK PAY WHAT SHOULD I DO?

We've created a short checklist of questions to help you decide which is the best option for you. Our Member Services team will be happy to talk to you and explain any of the options in more detail.

- Check how long you'll receive sick pay from your employer. Very important if you've changed jobs since you started the plan
- Work out your monthly outgoings – how long could you survive without any income? The typical UK household has just £2,160\* in savings. Which won't last long if you need to use to pay your regular household bills
- Speak to your financial adviser - they may be able to help you reorganise your finances. If you've lost touch take a look at [www.unbiased.co.uk](http://www.unbiased.co.uk) to help find a new one
- Check how much state benefit you'd receive – even if you qualify, would the amount you receive be enough. And remember if you have a mortgage, they won't help with mortgage payments.

We're here to help you, call our Member Services team to discuss your options on 0800 0931 535.



\* <https://www.nimblefins.co.uk/savings-accounts/average-household-savings-uk#:~:text=The%20typical%20UK%20household%20saves,is%20%C2%A3450%20per%20household.>

## Contact us.

We're here to help.

### Address

Holloway House  
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### We're here

**Monday - Friday** 9.00am to 5.00pm



**0800 0931 535**



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